Biblical Prescriptions for Life™ Discovering the Ultimate Physician's Secret to Health and Healing

Product Description

A seven-week life-transforming study that unlocks the secrets to healing and lifelong, whole-life wellness through physical and spiritual truths directly from the Bible, supported by science. The solution

to obesity, diabetes, hypertension, cardiovascular disease, mental health problems and every other acquired disease. An evidence-based approach.

Biblical Prescriptions for Life™ is written to help you get off prescription medications and the roller coaster of diet fads.

Through *Biblical Prescriptions for Life*, you will discover simple, sustainable and scalable actions you can start today to get on the path to healing and wellness. This non-judgmental approach is perfect for wherever you're starting on the journey. And it's a great way to build a small group community.



Each week features a video session with approximately 20 minutes of practical, evidence-based, biblical instruction from Dr. James L. Marcum through the DVD set that corresponds to each week's small group discussion guide. The group viewing and sharing session is then followed by five days of personal study and application with journaling and small group encouragement. Designed for individual and small group use. Easy to lead with discussion questions built in to each chapter.

Leader resources and tools to help promote small group studies are available as free downloads through www.BiblicalPrescriptionsforLife.com/leader.

Study Guide and DVD available separately or as a small group Study Guide + DVD Bundle including:

Five Study Guide. Perfect bound softcover. 236 pages. 8.5 x 11. ISBN 978-0-9971600-0-0. One DVD in Digipak. Seven sessions, each approximately 20 minutes long. ISBN 978-0-9971600-2-4

HD download of DVD content is available through Vimeo.

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WEEKLY LESSONS: 7 (5 DAYS OF HOMEWORK PER WEEKLY LESSON)

Item	ISBN	Price
BPfL Workbook	978-0-9971600-0-0	\$19.99
BPfL Leader Guide	download	free
BPfL DVD Set	978-0-9971600-2-4	\$15.99